

# Webinar: Central banks, energy prices and the rate hike dilemma

Join ING's economists and strategists on 10 March for a live 45-minute webinar, as they discuss how higher energy prices are reshaping the interest rate outlook and what it all means for FX markets. [Sign-up here](#)



## Webinar details

Higher energy prices could hardly come at a more pivotal time for central banks. With inflation risks now growing and the March Fed, ECB and Bank of England meetings looming, rate cuts risk being curtailed, and talk of rate hikes will inevitably grow.

Join ING's economists and strategists for a live 45-minute webinar as they discuss how higher energy prices are reshaping the interest rate outlook for the rest of 2026 and what it all means for FX markets. [Sign up here](#).

### You'll discover:

- How high energy prices would need to rise – and how long they'd need to stay elevated – to trigger central bank rate hikes.

- ING's expectations for the March central bank meetings.
- Potential interest rate scenarios for the rest of 2026.
- What higher energy prices mean for EUR/USD and broader FX markets.

**Details:**

When: Tuesday 10 March

Venue: Online via ING webinars

Time: GMT: 14:00, CET: 15:00, ET: 09:00

**Speakers:**

- Carsten Brzeski (Global Head of Macro Research)
- James Knightley (Chief International Economist)
- James Smith (Developed Markets Economist)
- Chris Turner (Global Head of Markets and Regional Head of Research for UK & CEE)

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